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### A review article: antimicrobial and antidiarrheal activity of *tinospora cordifolia*

Imran Khan<sup>1</sup>, Dr Satyender Kumar<sup>2</sup>, Dr Vikram Sharma<sup>3</sup>

Department of Pharmacology, Harlal Institute of Management & Technology, Pharmacy Institute, 08, Knowledge Park 1 Greater Noida, 201310

\*Address for correspondence: Imran Khan

E-mail: khanimran9367@gmail.com

#### ABSTRACT

The objective to the paper emphasizes on the study of various models related to antimicrobial and antidiarrheal activity of *Tinospora cordifolia*. The plant also possesses various pharmacological activities including its use as antihyperglycemic, anti-inflammatory, antiarthritic, ant osteoporotic, enhance cognition (learning and memory), antidiarrheal and immunomodulatory effects. The current works aims to justify the folklore use of the whole plant of the *Tinospora cordifolia* for its antidiarrheal and antimicrobial potentiality. *Tinospora cordifolia* contains phytochemical constituent such as alkaloids, diterpenoid lactones, glycosides, steroids, sesquiterpenoid, phenolics, aliphatic compounds and polysaccharides. *T. cordifolia* is already an important composition of many traditional Indian medicine formulations, both its purified stem proteins and the derived peptides by enzyme hydrolysis could be incorporated into food products or nutraceuticals or developed to be a safe and efficient drug for treating oxidative stress and related disorders. Pretreatment with *Tinospora cordifolia* extracts provide significant protection against castor oil and magnesium sulfate-induced diarrhea, the extracts may presume to have antisecretory and preventive action towards CCK release.

**Keywords:** Antiosteoporosis, Antidiarrheal, Antimicrobial potentiality, *Tinospora cordifolia*.

#### INTRODUCTION

*Tinospora cordifolia* commonly called gaduchi and giloya in india. *Tinospora cordifolia* is a huge, flash, highly spreader, increasing shrub with some increased paired branches. Leaves are simple, alternate, and exsolve with elongated petioles up to 15 cm long which are round in shape and curved, both are from the base and apex with the basal one elongated and branched not fully and half way around. Lamina are majorly ovate or cordate, 10–

20 cm elongated or 8–15 cm (3–6 in) wide, seven nerved and deeply cordate at base, membranous, pubescent above, whitish tomatoes with a prominent reticulum beneath. Flowers are unisexual, small on separate plants and appearing when plant is leafless, greenish yellow on axillary and terminal racemes. Male flowers are clustered, but female flowers are usually solitary. It has six sepals in two series of three each. The outer ones are smaller than the inner. It has six petals which

are smaller than sepals, obovate, and membranous (Singh et al., 2003). Fruits aggregate in clusters of one to three. They are ovoid smooth drupelets on thick stalks with sub terminal style scars, scarlet or orange colored. Gaduchi is an enormous, glabrous, flash climbing bush having a place with the family Menispermaceae. It is dispersed all through tropical Indian subcontinent and China, rising to an elevation of 300 m. In Hindi, the plant is usually known as Giloya, which is a Hindu legendary term that alludes to the grand remedy that have spared divine creatures from seniority and kept them interminably youthful (Gupta and Kulkarni, 2018). The stem of *Tinospora cordifolia* are somewhat succulent with long filiform beefy aeronautical roots from the branches. The bark is smooth white to dim, profoundly left spirally, the space in the middle of being spotted with enormous rosette like lenticels. The leaves are membranous and cordate. The blooms are little and yellow or greenish yellow. In helper and terminal racemes or racemose

panicles, the male blossoms are bunched and female are typically single. The drupes are ovoid, lustrous, succulent, red and pea-sized. The seeds are blended. Natural products are beefy and single seeded. Blossoms develop throughout the mid-year and organic products throughout the winter.

Gaduchi is broadly utilized in veterinary society medication/ayurvedic arrangement of drug for its general tonic, against occasional, hostile to uncontrollable, mitigating, hostile to ligament, against unfavorably susceptible and against diabetic properties.

The plant is utilized in ayurvedic, "Ramayana's" to improve the insusceptible framework and the body opposition against diseases. The base of this plant is known for its enemy of stress, hostile to leptotic and against malarial exercises. Creators explored before one of the plants of the family Menispermaceae. It and found that the constituents and exercises.



## **TINOSPORA CORDIFOLIA**

### **Chemistry of *tinospora cordifolia***

An assortment of constituents has been detached from *Tinospora cordifolia* plant and their structures were clarified. They have a place with various classes, for example, alkaloids, diterpenoid lactones, glycosides, steroids, sesquiterpenoid, phenolics, aliphatic mixes and polysaccharides

(Singh et al., 2003). Leaves of this plant are rich in protein (11.2%) and are fairly rich in calcium and phosphorus.

### **Medicinal properties of *tinospora cordifolia***

The stem of *Tinospora cordifolia* is one of the constituents of a few ayurvedic arrangements utilized as a rule debility, dyspepsia, fever and urinary maladies. The stem is unpleasant,

stomachic, diuretic animates bile emission, causes stoppage, mollifies thirst, consuming sensation, regurgitating, enhances the blood and fixes jaundice. The concentrate of its stem is valuable in skin ailments. The root and stem of *T. cordifolia* are endorsed in mix with different medications as an enemy of hover to snake chomp and scorpion sting. Dry barks of *T. cordifolia* has hostile to fitful, against pyretic, hostile to hypersensitive, mitigating and against leptotic properties (Bandikini, Madrone, and Antignion, 2014).

*T. cordifolia* is broadly utilized in Indian ayurvedic prescription for treating diabetes mellitus. Oral organization of a watery *T. cordifolia* root concentrate to alloxan diabetic rodents caused a noteworthy decrease in blood glucose and mind lipids. In spite of the fact that the fluid concentrate at a portion of 400 mg/kg could evoke noteworthy enemy of hyperglycemic impact in various creature models, its impact was equal to just a single unit/kg of insulin.

*T. cordifolia* is accounted for to profit the invulnerable framework in an assortment of ways. The heavy drinker and watery concentrates of *T. cordifolia* have been tried effectively for immunomodulatory action. Pre-treatment with *T. cordifolia* was to grant insurance against mortality prompted by intra-stomach sepsis following coeca ligation in rodents. It has additionally essentially diminished the mortality from *E. coli* actuated peritonitis in mice. In a clinical report, it has managed insurance in cholestatic patients against *E. coli* disease. These exercises are not because of its enemy of bacterial movement as appeared by the negative in-vitro hostile to bacterial action of the plant separate. It is accounted for that the treatment in rodents had brought about critical leukocytosis and dominating neutrophilia. It has been additionally seen that it invigorates the macrophages as confirm by an expansion in the number and % phagocytosis of *S. aureus* by peritoneal macrophages in rodents. Different laborers have additionally bolstered these perceptions. The phagocytic and Intra-cell slaughtering limit of polymorphs in rodents, tried at 3.5 h after *E. coli* disease (Alsatian and Khan, 2017).

The fluid concentrate of *T. cordifolia* applied a critical calming impact on cotton pellet granuloma and formalin incited joint pain models. Its impact was practically identical with Indomethacin and its

method of activity seemed to take after that of a non-steroidal mitigating specialist. The dried stem of *T. cordifolia* created huge calming impact in both intense and subacute models of aggravation. *T. cordifolia* was seen as more compelling than acetylsalicylic corrosive in intense irritation. Be that as it may, in subacute aggravation, the medication was mediocre compared to phenylbutazone. In a clinical assessment, a compound planning 'Rumalaya' containing *T. cordifolia* was accounted for to altogether diminish the agony in patients experiencing rheumatoid joint inflammation.

### **Bioactive phytochemical constituent of *tinospora cordifolia***

*T. cordifolia* stem proteins demonstrated a solid trypsin inhibitory action (more prominent than standard soybean trypsin inhibitor), while it additionally showed  $\alpha$ -chymotrypsin hindrance. Both the protein concentrates and protein hydrolysates indicated extensive DPPH and ABTS radical searching exercises, and moderate ferrous particle chelating movement. The solid gastrointestinal catalyst restraint combined with a high cancer prevention agent action proposes a likely drawn out cell reinforcement impact of the stem proteins after ingestion. The amazingly high ABTS and superoxide searching exercises of papain overview divisions showed that the lower sub-atomic weight peptides were productive free extreme foragers than the higher proteins and peptides, attributable to the hydrophobic and sweet-smelling amino acids piece. Since *T. cordifolia* is as of now a significant piece of numerous conventional Indian medication plans, the two its refined stem proteins and the determined peptides by catalyst hydrolysis could be consolidated into nourishment items or nutraceuticals or created to be a protected and proficient medication for treating oxidative pressure and related issue (Chaliapin et al., 2018).

### **Antidiarrhoeal activity of *tinospora cordifolia***

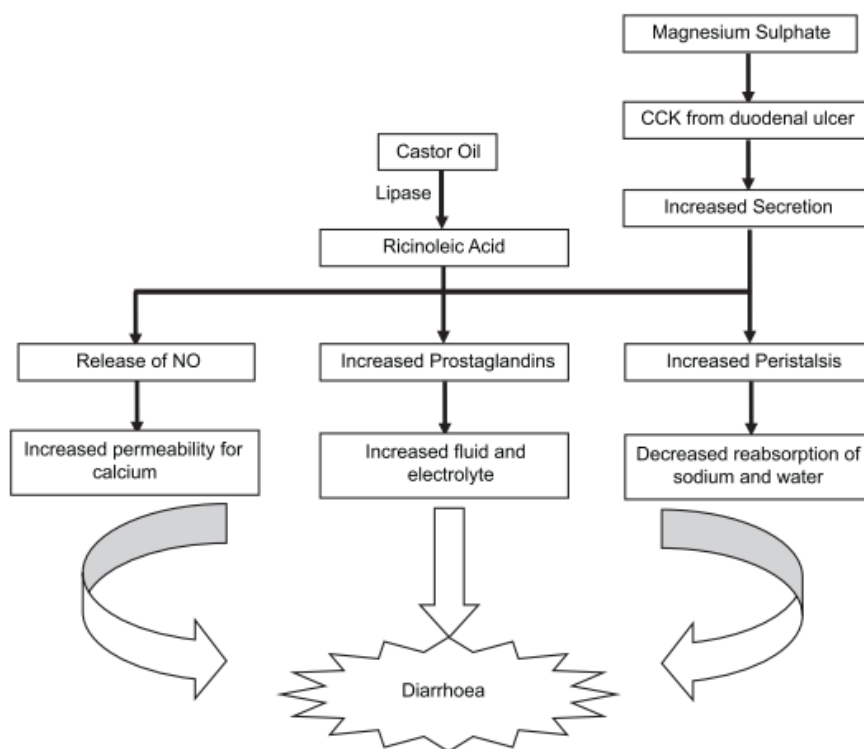
*Tinospora cordifolia* is an enormous, deciduous climbing bush of family Menispermaceae. It. The major phytoconstituents disengaged from the stem of *T. cordifolia* are sesquiterpene tinocordifolin, sesquiterpene glycoside tinocordifolioside and tinocordiside, arabinogalactan, phytoecdysones

viz., ecdysterone and makisterone, alkaloids viz., berberine, palmatine and magnoflorine. All these dynamic mixes have physiological jobs of various sorts, in this manner exhibiting the assorted flexibility of the plant.

In the present examination, an endeavor has been made to research the restorative accomplishment of the stem bark concentrates to be a potential antidiarrheal and antiulcer specialist.

The in vivo antidiarrheal action of concentrates was surveyed utilizing castor oil and magnesium sulfate-induced loose bowels by methods for assessing beginning of looseness of the bowels, recurrence of wet and all out stools, weight of wet

stool and all out weight of stools. Castor oil (hydrolytic metabolite, for example ricinoleic corrosive) incites looseness of the bowels by discharging nitric oxide (NO), invigorating prostaglandin union and expanding peristalsis. While, magnesium sulfate forestalls reabsorption of water and advances cholecystokinin (CCK) discharge from the duodenal mucosa. Since, pretreatment with concentrates give critical security against castor oil and magnesium sulfate-induced looseness of the bowels, the concentrates may dare to have antisecretory and preventive activity towards CCK discharge (Kaur and Singh, 2014).



**Mechanism of diarrhoea induced by castor oil**

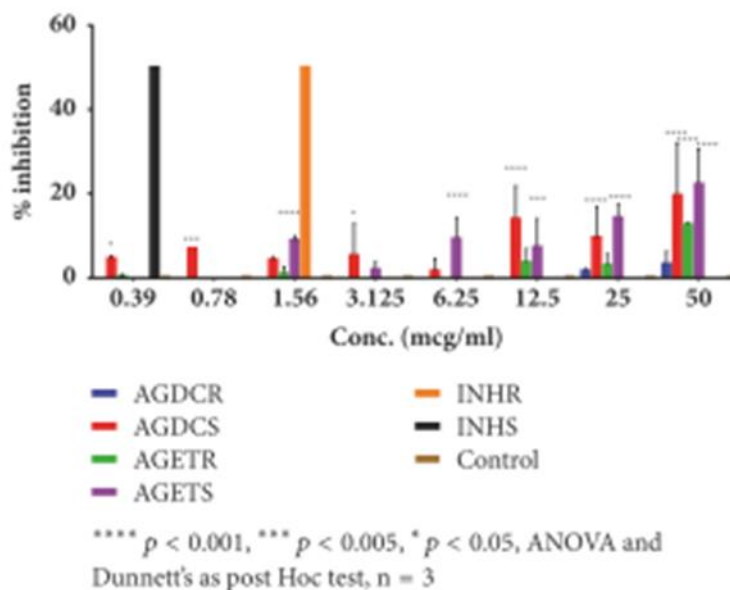
### Antimicrobial activity of *inospora cordifolia*

Antimycobacterial Activity. As delineated in Figure 1, while ethanolic and dichloromethane concentrates of *Alpinia galangal* (AGET and AGDC) delivered huge ( $p < 0.001$ ) and portion subordinate inhibitory movement against touchy strains of *Mycobacterium tuberculosis* (MT), the negative control (DMSO) didn't demonstrate any impact on the bacterial development. AGET

showed a critical ( $p < 0.001$ ) and portion subordinate hindrance on delicate strains of MT. Most extreme inhibitory effect was shown at 50  $\mu\text{g/ml}$  (22.3%, Figure 1). In addition, AGET created a noteworthy ( $p < 0.001$ ) inhibitory impact on safe strains of MT just at the most elevated fixation 50  $\mu\text{g/ml}$  (12.7%, Figure 1). Notwithstanding that, Figure 1 exhibited that AGDC demonstrated noteworthy ( $p < 0.001$ ) portion subordinate inhibitory impact just on touchy strains of MT with

most extreme impact at of 19.7% at 50 µg/ml. The consequences of the inhibitory impact of *Tinospora cordifolia* ethanolic and dichloromethane extricates (TCET and TCDC) against touchy and safe MT. Figure 2 exhibited that TCET created a critical ( $p < 0.001$ ) and portion subordinate inhibitory impact against both touchy and safe strains of MT with greatest impact of 32.3% and 22.7% at 50 µg/ml,

individually. Moreover, 60 TCDC demonstrated a huge ( $p < 0.001$ ) antimycobacterial impact against the touchy strain of MT with most extreme impact of 23% at 50 µg/ml. It likewise created noteworthy ( $p < 0.001$ ) and portion subordinate inhibitory impact against the safe strain of MT with greatest impact of 18.3% at 50 µg/ml (Alemi, Muthanna, Al-readily, and Khaled, 2018).



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